



SNACK MENU

Grab & Go

Whole Fruit 水果	\$7
Granola Cup 燕麥片杯	\$20
Ham & Cheese Sandwich (with Lettuce and Tomato)	
火腿芝士三文治配生菜蕃茄	\$20
Bacon & Cheese Sandwich (with Lettuce and Tomato)	
煙肉芝士三文治配生菜蕃茄	\$20
Chicken Salad Sandwich (with Lettuce and Tomato)	
雞肉沙律三文治配生菜蕃茄	\$20
Egg Salad Sandwich (with Lettuce and Tomato)	
蛋沙律三文治配生菜蕃茄	\$20
Bell Peppers & Cheese Sandwich (with Lettuce and Tomato)	
甜椒芝士三文治配生菜蕃茄	\$20
Packed Salad 盒裝沙律	\$20

Snacks

Fish Siu Mai (8pcs) 魚肉燒賣	\$12
Fish Ball (8pcs) 魚蛋	\$12
Dumplings (5pcs) 餃子	\$12
Man Tau (3pcs) 饅頭	\$12
Samosa (5pcs) 咖喱角	\$12
Veggie Spring Roll (5pcs) 素春卷	\$12
Chicken Nugget (5pcs) 麥樂雞	\$12
Wedges 薯角	\$12
French Fries 薯條	\$12
Garlic Bread 蒜蓉包	\$12
Chicken Wings 雞翼	\$12
Chicken Leg 雞脾	\$15
Jumbo Sausage 珍寶腸	\$15



These foods should form the basis of your diet. So fill up on them.



Best eaten in moderation. These food are still important for a balanced diet.



Don't have too much of these. Just treat ourselves every so often.

Highlighted in respective color on the menu


Chartwells

中式早點 系列

Chinese Breakfast



Mini Glutinous Rice with Meat	迷你珍珠雞	\$10
Rice Roll	腸粉	\$10
Fried Vermicelli/ Noodles	炒粉/ 麵	\$10
Steamed Pork Bun (2pcs)	蒸叉燒包	\$10
Glutinous Rice Roll		\$18



歐陸風味

Western Breakfast

圖片只供參考 Photo for reference only

Hash Brown (1pc) 薯餅

\$6

Pancakes (3pcs) 班戟

\$15

Ham & Cheese Sandwich

火腿芝士三文治

Ham & Egg Sandwich

火腿雞蛋三文治

Luncheon Meat & Egg Sandwich

午餐肉雞蛋三文治

Oatmeal w/ Milk 牛奶麥片

\$15

Breakfast Combo 西式早餐

\$25

(Scrambled Eggs, Bacon/ Ham, Toast, Tomato Baked Beans)

(炒蛋, 煙肉/火腿, 多士, 蕃茄 及 焗豆)